PENDER & COWARD
ATTORNEYS AND COUNSELLORS AT LAW



SHAREHOLDER

JEFF W. ROSEN

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EDUCATION

Juris Doctor, American University Washington College of Law, Law Review

University of Albany, *magna cum laude*

ADMISSIONS

All State Courts in Maryland

All State Courts in Virginia

All State Courts in District of Columbia

The United States Supreme Court

United States District Court of Maryland

United States Fourth Circuit Court of Appeals

United States District Courts for the Eastern and Western Districts of Virginia

OVERVIEW

Jeff Rosen is a firm shareholder who focuses his practice on civil litigation in federal and state courts.

He is an experienced trial lawyer in federal court for over 30 years. He has successfully litigated more than 250 cases before juries and judges.

Jeff successfully defends claims against businesses and state and local governments. He handles complex commercial litigation, employment discrimination claims, cases involving civil rights violations, medical malpractice, wrongful death suits and excessive force claims.

He is a former Assistant Commonwealth's Attorney and a frequent lecturer for the Commonwealth of Virginia, Virginia Sheriff's Association, and the Virginia Association of Regional Jails on issues relating to employment law, constitutional law, litigation, law enforcement and correctional medical issues.

REPRESENTATIVE CASES & TRANSACTIONS

Jeff has defended over 350 cases alleging Civil Rights and Title VII employment discrimination claims, including claims of wrongful death, excessive force, police shooting and failure to provide adequate medical care to prisoners.

He has obtained favorable outcomes for Virginia sheriffs, regional jails, state and local governments and the insurance industry in both federal and state court. He has over 63 reported federal and state cases, and he has appeared before the Supreme Court of Virginia and United States Court of Appeals for the Fourth Circuit on numerous occasions.

MEMBERSHIPS

- Local Government Attorneys Association
- Federal Bar Association
- Norfolk-Portsmouth Bar Association
- Virginia Association of Defense Lawyers

HONORS & AWARDS

- Best Lawyers in America, Commercial Litigation and Litigation-Labor & Employment, 2024-2027, Personal Injury - Defendants, 2025-2027
- Virginia Super Lawyers, 2015-2026
- Virginia's Legal Elite, Health Law, 2016 & 2017
- Coastal Virginia's Top Lawyers, Civil Law Litigation, 2021-2026

COMMUNITY INVOLVEMENT

- Norfolk-Portsmouth Bar Association, Continuing Legal Education Committee, Past Chairman
- Norfolk Middle School Mock Trial Program, Coach
- Continuing Legal Education Committee, Past Chairman