PENDER & COWARD
ATTORNEYS AND COUNSELLORS AT LAW



ATTORNEY

MARCUS K. MITCHELL

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EDUCATION

Regent University School of Law, 2020

Randolph-Macon College, 2017

ADMISSIONS

Supreme Court of Virginia, 2020

OVERVIEW

Marcus is a Pender & Coward attorney focusing his practice on family law, eminent domain/right of way law and criminal and traffic law. He regularly represents clients in divorces, custody and visitation matters, separation agreements, pre-nuptial agreements, post-nuptial agreements, child support matters, spousal support matters, and protective orders. He also has experience handling Child Protective Services appeals, show causes, extraditions, and unlawful detainers. Marcus works on litigation matters for condemning authorities in eminent domain cases. In his criminal and traffic practice, Marcus represents clients in matters involving assault and battery, assault and battery on a family member, as well as reckless driving and speeding tickets.

Marcus is an Adjunct Professor at Regent University, teaching Mock Trial in the undergraduate program. From 2020 to 2025, he taught Trial Practice & Advanced Trial Practice in the law school and coached the law school's national mock trial competition teams, helping the team achieve several regional and national championships during his tenure.

During college, Marcus was a four-year starter for the Randolph-Macon College football team, winning the Old Dominion Athletic Conference Championship in his senior season.

MEMBERSHIPS

- Virginia State Bar, Young Lawyer's Conference, Hampton Roads Minority Pre-Law Conference Co-Organizer, 2023-2024, Fore Everyone Golf Event Co-Organizer, 2025

- Virginia Bar Association, Young Lawyers Division's Mentor Program, 2019
- South Hampton Roads Bar Association
- Virginia Beach Bar Association
- National Association of Legal Advocacy Educators

HONORS & AWARDS

- Virginia's Legal Elite, Family Law/Domestic Relations, 2025
- Coastal Virginia's Top Lawyers, 2025 and 2026
- Virginia Super Lawyers Rising Stars, 2024-2026
- Virginia State Bar, Significant Service Award, 2023
- Regent University School of Law's Trial Advocacy Award, 2020

COMMUNITY INVOLVEMENT

- Regent University School of Law's Trial Advocacy Board Chairman, 2019-2020